



OPEN DAILY

7 a.m. to 2 a.m.

Order ahead
at extension 6034

*Ask about our
gluten free options.*



ISLAND GRAND
A TRADEWINDS BEACH RESORT

BREAKFAST until 11 a.m.

Rise and Shine Burrito 8.25

Scrambled Eggs with Peppers and Onions, choice of Bacon or Sausage with Cheddar or Pepper Jack Cheese on Your Choice of Wrap

Sunrise Sandwich 8.25

Sage Sausage, Scrambled Eggs and Cheddar Cheese on a Large Butter Croissant

COLD SANDWICHES

The St. Pete Beach Club Sandwich 11.25

Turkey, Bacon, Ham, Cheddar, Lettuce, and Tomatoes on a Large Butter Croissant

TradeWinds Italian Classic Combo 10.75

Salami, Capicola, Pepperoni and Provolone, loaded with your choice of toppings on a fresh-baked Ciabatta Roll

Bacon, Lettuce and Tomato 9.25

Peanut Butter & Jelly 6.25

BUILD YOUR OWN SANDWICH

Choose from Our Fresh Baked Breads and Add as Many Toppings as You Like. 10

Protein

Turkey • Ham • Roast Beef
Chicken Salad • Egg Salad • Tuna Salad

Bread Selection

Ciabatta, Croissant, Rosemary Flatbread, Sliced White, Wheat or Rye Bread.

Choice of Wrap: Spinach, Garlic Herb, Wheat or Gluten Free

Cheese

Provolone, Cheddar, Swiss, Manchego and Pepper Jack

Toppings

Tomato, Onion, Banana Peppers, Black Olives, Cucumber, Pickles and Jalapeños

Add Bacon 1.75

HOT SANDWICHES

Veggie Panini 10.25

Roasted Eggplant, Peppers, Zucchini, Onions, Tomatoes and Fresh Mozzarella on Rosemary Flatbread

Black Forest Ham Panini 10.75

Black Forest Ham, Manchego Cheese, Roasted Tomatoes and Dijon Mayonnaise on Ciabatta Roll

Roast Beef Panini 10.75

Roast Beef, Cheddar, Lettuce, Tomato and Horseradish Mayonnaise on Ciabatta Roll

The Asian Hero 10.75

Lemongrass Roasted Chicken Breast, Pickled Carrots with Cilantro, Cucumber and Chili Garlic Mayonnaise on Your Choice of Wrap

Spiced Roast Pork Cuban 11.25

Roast Pork, Ham, Salami, Swiss Cheese, Dill Pickles, Mustard and Mayo on Cuban Bread

Gourmet Grilled Cheese 8.25

Manchego, Provolone and Roasted Tomatoes on White, Wheat or Rye Bread

Ham & Cheese Melt on Croissant 9

SOUPS AND MORE

Bowl of Soup 6

Soup and Half Sandwich Special 10.95

Your choice of Half Sandwich with Ham, Roast Beef, or Turkey on White, Wheat or Rye and a Bowl of Soup

SALADS

Salads To Go 9.95

Grilled Chicken Caesar Salad
Cobb Salad
Chef's Salad
Garden Salad 6.95

*Ask About Our
Gluten Free Options.*

All food items are cooked to the recommended FDA Food Code temperatures, unless otherwise requested. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Please inform your server of any Allergies or Dietary needs at the time of order